

## 2018 SRA Biennial Meeting

April 12-14, 2018

Minneapolis, MN

### Invited Program Data Blitz Symposium

#### *Social Media: Risks and Opportunities for Adolescent Development*

Chair: **Jacqueline Nesi**, University of North Carolina at Chapel Hill & Warren Alpert Medical School of Brown University

Presentation 1: ***Adolescent Social Media Use: Implications for Social Adjustment and Health-Risk Behaviors***

**Jacqueline Nesi**, University of North Carolina at Chapel Hill & Warren Alpert Medical School of Brown University

Presentation 2: ***How Late Adolescents Engage with Facebook: Public versus Private Communication, Self-Presentation, and Lurking***

**Marion K. Underwood**, University of Texas at Dallas; **Samuel E. Ehrenreich**, University of Texas at Dallas; **Kaitlyn Burnell**, University of Texas at Dallas ; and **Diana J. Meter**, University of Texas at Dallas

Presentation 3: ***The Relation between Youths' Digital Communication and Well-Being: The Moderating Role of Social Anxiety***

**Kaveri Subrahmanyam**, California State University, Los Angeles

Presentation 4: ***Social Media as an Intervention Tool***

**Megan Moreno**, University of Wisconsin-Madison

Presentation 5: ***The digital self study: How anxiety is implicated in early adolescents' participation in Facebook***

**William M. Bukowski**, Concordia University; **Megan Wood**, Concordia University; and **Bianca Panarello**, Concordia University

Presentation 6: ***TBA***

**Brendesha Tynes**, University of Southern California

**Integrative Statement.** The use of social media, or digital tools that allow users to share content and interact socially with others, has seen rapid growth among adolescents in recent years. Estimates suggest that as many as 89% of adolescents belong to a social networking site like Instagram or Snapchat, with 71% belonging to more than one (Lenhart, 2015). A full 92% of adolescents go online daily, and three-quarters have access to smart phones with which to do so (Lenhart, 2015). As adolescents turn to social media at unprecedented rates and with staggering frequency, it becomes critical to examine the role of social media in the lives of young people. While early research on social media was primarily limited to examining overall frequencies of use, newer investigations emphasize specific online behaviors, as well as individual characteristics that may shape use. This Data Blitz brings together leaders in the field, conducting cutting-edge research on this increasingly ubiquitous phenomenon. Panelists will present results gleaned from innovative methodological approaches, ranging from observationally-coded social networking data to daily diary assessments. Topics to be covered include associations between social media use and adolescent well-being (e.g., mood and anxiety symptoms, engagement in health risk behaviors), individual differences in use, online self-presentation, and social media

as tool for risk identification and intervention. Panelists will discuss the risks and benefits of social media for youth, and will highlight the growing need for research to keep pace with adolescents' rapid adoption of new technologies.

**Chair Biography.** Jacqueline (Jackie) Nesi, M.A., is a PhD candidate in Clinical Psychology at UNC Chapel Hill, currently completing her pre-doctoral internship at the Warren Alpert Medical School of Brown University. With funding from the National Science Foundation, Jackie has developed a program of research examining how and for whom social media use may contribute to adaptive and maladaptive outcomes among adolescents. Jackie's work integrates traditional interpersonal models of developmental psychopathology, peer and romantic relationships, and mass media and communications theories to inform a nuanced framework for understanding the role of social media in adolescents' psychosocial development.