

## 2018 SRA Biennial Meeting

April 12-14, 2018

Minneapolis, MN

### Invited Program Keynote Speaker

*Sleep and the Developing Adolescent Brain: Implications for Behavior and Well-Being*



**Adriana Galván**, University of California, Los Angeles

**Abstract.** Adolescence is a developmental period during which critical brain development takes place. Insufficient sleep is increasingly being called an epidemic in adolescence, raising the importance of understanding links between poor sleep and brain function. In this talk, Dr. Galvan will present a series of studies aimed at uncovering the relation between sleep disruption, impulsivity, and development of functional connectivity in the adolescent brain. She will also discuss recent research demonstrating the contextual factors, beyond media use, that contribute to sleep problems.

**Biography.** Dr. Adriana Galván is an Associate Professor of Psychology at UCLA whose expertise is in adolescent brain development. She received her B.A. from Barnard College, Columbia University and her PhD in Neuroscience from Cornell. She is the Director of the Developmental Neuroscience Laboratory. Her research is funded by the National Science Foundation, MacArthur Foundation, NIMH, NICHD, Jacobs Foundation, and the William T. Grant Foundation. She is the recipient of the APA Boyd McCandless Early Career Award, the William T. Grant Scholars Award, a Network Scholar of the MacArthur Foundation Research on Law and Neuroscience, the 2015 Distinguished Teaching Award from the UCLA Psychology Department, the 2016 APA Distinguished Scientific Award for Early Career Contributions and the 2016 Cognitive Neuroscience Society Young Investigator Award.